



Leadership Unleashed! presents

*Connecting with your YOU ~ Creatively**

Begin the leap forward toward opening your next door: Your Encore!

**special invitation for coaches/ leaders to adapt this process with your clients/ team, with CCEs*

It's been a long few years, and now.... It's time to take stock of life and examine the next "era". (Your Encore!)

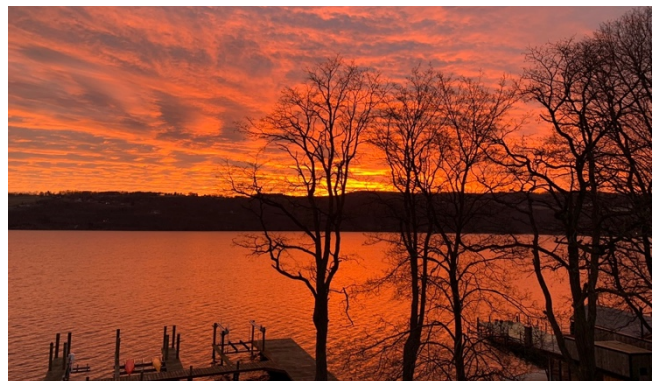
- *Are you someone who usually finds the logic and reason first in order to figure things out?*
- *Do you ALSO want to tap into your creative side to unlock fresh insights that lead to more balanced choices?*
- *Are you ready to unleash the creativity in both your right brain – and your left brain – to step more fully into your own powerful presence?*

Perhaps you are in a place of transition. Perhaps you are feeling like there is something more in life that you want to experience. Perhaps you are just wanting to power down for a few days and freshen up your vision of the future. Maybe it is time to examine the “old way” and look for a “new way”.

In this highly-interactive, hands-on **Leadership Unleashed! Retreat** we will access BOTH our “pragmatic wizard” AND our “inner muse” to process what is and get a sense of what’s next. This means that we will be guiding participants into using paint (no prior art experience necessary) among other modalities as tool to unlock insights and free up our minds. We will be surrounded by nature that seeps in to help us solve difficult dilemmas. We will form deep inter-personal connections for thought partnership, challenge and support.

The result? You get to connect with your YOU and use all of your senses to create Your Encore!

** If you are a coach, HR professional and/or leader, we are offering special add-on programming to learn how you can adapt the process for your audience/clients and to gain 11 ICF CCEs and 1 Mentor Coaching hour. Come both to experience the richness for yourself and to take home ways to use this with your clients.*



Join us in innovative spaces and natural surroundings in beautiful Watkins Glen NY, USA as we immerse ourselves in creative processes – using paint, dialogue, and somatic movement ~ food, nature and renewal.

When: April 20 at 4p through April 22 at noon

Where: We meet in the gorgeous natural area of Watkins Glen, NY (an easy drive from Rochester, Syracuse, and Ithaca NY airports)

Price: Includes all programming, creative materials and gourmet dinners on Thursday and Friday evenings. Lunches are on your own, with easy, walkable options during longer lunch breaks.

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Before February 15, 2023 \$1,045
After February 15, 2023 \$1,175

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*with 11 CCEs & 1 MC hour for coaches/leaders

Before February 15, 2023 \$1,645
After February 15, 2023 \$1,780

If you need more information for your accounting department to utilize training/continuing education dollars, contact Melissa (mkmccabe@ClearIntentStrategy.com)

Thank you for understanding that we must have a cancellation policy. If you cannot attend, your registration is fully transferable to another person. Cancellation:

- prior to March 1, 2023: full refund
- March 2- April 12: 75% refund
- After April 12, 50% refund

Your Facilitators

Kathleen Quinn-Matus specializes in offering an art-based coaching model as a way to unlock knowledge and insights that lead to change. Her integrative whole person approach provides the intellectual capital with the intuitive nudge needed to move leaders from



where they are today to where they want to be. She is credentialed in innovation coaching and has over 20 years of experience working with corporate and academic teams, and holds a masters in fine arts.

Melissa Kelly-McCabe is a strategist, MCC and GPCC™ credentialed executive coach and dynamic public speaker with over 25 years of experience. She assists leaders in developing clarity of strategy, creating positive and lasting change to realize their personal and professional vision. She coaches women looking to design their next era and live their most fulfilled life. Melissa hosts personal and group retreats in beautiful places all over the world.



Are you ready to register? Do you have questions?

Simply email Kathy at Kathy@VisionToLead.com or Melissa at mkmccabe@ClearIntentStrategy.com. If you are registering, please submit the registration form on the last page of this flier via email.

Getting to Watkins Glen: An easy and scenic drive from Rochester, Syracuse and Elmira airports, a rental car is the easiest way around, though you can also Uber or carpool with other participants.



Where to stay: [Watkins Glen Harbor Hotel](#) and 3 miles away [Lakeside Resort & 3812 Bistro](#) is a great place to stay especially if you are booking with a friend, also [Seneca Clipper Inn](#) and [The Falls Motel](#). There are some lovely B&Bs and Air B&Bs in the Watkins Glen, NY area.

Agenda

We have intentionally set a Thursday afternoon-all day Friday-Saturday morning agenda so that you can split your training time between work time and personal time – and tack on a day of two, if you would like, to explore the Finger Lakes’ exquisite waterfalls, hiking, lake-life, wineries & breweries, and cute town shopping (Watkins Glen, Corning, Skaneateles and Ithaca, to name a few).

April 20, 2023	April 21, 2023	April 22, 2023
Opening at 3:30p 3:30p Afternoon session begins 6:30p Dinner together *Mastermind evening session for coaches/leaders	Breakfast on your own 8:30a Morning session begins 1:00p Lunch on your own Your own time for discovering and processing and (see options below) *Mastermind afternoon session for coaches/leaders (late afternoon) 6:30p Dinner Celebration Together	Breakfast on your own 8:30a Morning session begins 12:00n Retreat close

***Add-on activities for coaches/leaders** (...and anyone else who wants to experience the “behind the scenes”)

- Two mastermind sessions during the retreat
- June Webinar to support your application of the process in your own world
- 1:1 coaching session or mentor coaching session to apply these concepts in your own work

Total 9 ICF Core Competency CCEs (pending) plus 2 ICF Resource Development CCEs plus one Mentor Coaching hour toward your ICF renewal.



Register Below





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Registration Form

Email to mkmccabe@ClearIntentStrategy.com

Name

Are you seeking CCEs? Yes No

Address

City, State, Zip

Email

Cell phone (or best number to be in contact)

Emergency Contact

Name/Relationship

Contact email/phone

Payment:

Send your check to Clear Intent Strategy, Inc., 5655 Stid Hill Road, Naples, NY 14512-9737

Or Venmo @Melissa-Kelly-McCabe

We will confirm receipt via email. If you would rather be invoiced, contact Melissa, mkmccabe@ClearIntentStrategy.com